



Revolution Foods
November 2009

M	T	W	T	F
<u>Nov 2</u> Hamburger with Cheese All Natural Cheese Pizza	<u>Nov 3</u> Handmade Chicken Tamale Handmade Cheese Tamale	<u>Nov 4</u> Baked Ziti with Zesty Hamburger & Cheese NEW!! Pasta Marinara with Parmesan	<u>Nov 5</u> NEW!! All Natural Teriyaki Chicken with "Not So Fried Rice" NEW!! All Natural Teriyaki Tofu with "Not So Fried Rice"	<u>Nov 6</u> Beef Soft Taco Bean and Cheese Quesadilla NEW!! BBQ Turkey and Cheese Wrap
<u>Nov 9</u> UPDATED!! All Natural Beef Hot Dog Macaroni & Cheese	<u>Nov 10</u> Sloppy Joe on a Wheat Roll Linguini Alfredo	<u>Nov 11</u> Holiday – Veteran’s Day	<u>Nov 12</u> NEW!! Cheese Lasagna Breakfast Sandwich with Egg and Cheese	<u>Nov 13</u> Cheesy Smothered Chicken Burrito Bean, Cheese and Rice Burrito
<u>Nov 16</u> Hamburger with Cheese All Natural Cheese Pizza	<u>Nov 17</u> Handmade Chicken Tamale Handmade Cheese Tamale	<u>Nov 18</u> Baked Ziti w/ Zesty Hamburger & Cheese NEW!! Pasta Marinara w/ Parmesan	<u>Nov 19</u> NEW!! All Natural Teriyaki Chicken with "Not So Fried Rice" NEW!! All Natural Teriyaki Tofu with "Not So Fried Rice"	<u>Nov 20</u> Beef Soft Taco Bean and Cheese Quesadilla NEW!! BBQ Turkey and Cheese Wrap
<u>Nov 23</u> UPDATED!! All Natural Beef Hot Dog Macaroni & Cheese	<u>Nov 24</u> Sloppy Joe on a Wheat Roll Linguini Alfredo	<u>Nov 25</u> Cheesy Smothered Chicken Burrito Bean, Cheese and Rice Burrito	<u>Nov 26</u> Holiday - Thanksgiving	<u>Nov 27</u> Holiday
<u>Nov 30</u> Hamburger with Cheese All Natural Cheese Pizza	<p><u>Daily Cold Lunch Options:</u> All Natural Turkey and Cheese Sandwich</p> <p>**Each lunch includes fresh fruit and milk that is free of artificial hormones and antibiotics**</p>			